









# Predeployment Screening Survey



40. Does drinking help you to relax?

- Definitely No   
  Probably No   
  Don't Know   
  Probably Yes   
  Definitely Yes

Y N

41. Has drinking ever caused you problems? .....

Y N

42. Would you like to speak privately with a chaplain about any concerns you may have at this point in time? .....

## PREDEPLOYMENT RELATIONSHIP SNAPSHOT TOOL

### Commitment Questions

Please answer each of the following questions by marking how strongly you agree or disagree with these ideas:

**Response Definition: SD=Strongly Disagree D=Disagree N=Neutral A=Agree SA=Strongly Agree**

- |  | SD                       | D                        | N                        | A                        | SA                       |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 43. My relationship with my partner is more important to me than almost anything else in my life.....      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 44. I like to think of my partner and me more in terms of "us" and "we", rather than "me" and "them."..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 45. I want this relationship to stay strong no matter what rough times we may encounter. ....              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

### Confidence Questions

- |   | SD                       | D                        | N                        | A                        | SA                       |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 46. I believe we can handle whatever conflicts will arise in the future. ....       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 47. I feel good about prospects to make this relationship work for a lifetime. .... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 48. I am very confident when I think of our future together.....                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 49. We have the skills a couple needs to make our relationship last. ....           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

### Positive Bonding Questions

- |  | SD                       | D                        | N                        | A                        | SA                       |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 50. We have a lot of fun together. ....  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 51. We regularly have great conversations where we just talk as good friends. .... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

### Conflict Questions

Answer the statements in terms of how often you and your partner experience each of the following situations:

**Response Definition: N=None of the time L=Little of the time S=Some of the time M=Most of the time A=All of the time**

- |  | N                        | L                        | S                        | M                        | A                        |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 52. Little arguments escalate into ugly fights with accusations, criticisms, or bringing up past hurts. This happens... .. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 53. My partner criticizes or belittles my opinions, feelings, or desires. This happens... ..                               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 54. When we argue, one of us withdraws (does not want to talk about it anymore or leaves the scene). This happens... ..    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Response Definition: SD=Strongly Disagree D=Disagree N=Neutral A=Agree SA=Strongly Agree**

- |  | SD                       | D                        | N                        | A                        | SA                       |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 55. This deployment will impact this relationship positively. .... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

